Date ____________

Dear Parent(s)/Carer(s)

Our class is undertaking a unit of sexuality education. Students will be learning about:
- the parts of the body
- the names of the reproductive systems and their functions
- how babies are conceived, develop and are born as part of the human lifecycle
- the qualities of good friends
- gender stereotyping.

It helps children to know that everyone who has been through puberty has probably felt curious, uncomfortable or excited. We also want them to know who they can go to if they have questions or want to talk about how they are feeling. For that reason, this letter provides some questions that you might like to discuss with your child. They are about having trusted people to talk to about puberty.

Questions for discussion at home:
- When you were a child, did you ever have any questions about your body or growing up?
- If you did, did you have someone you were able to talk to?
- Ask your child whom they think they could talk to if they had any questions.
- Ask them if they have any questions now.

Thank you for your help.

Regards