



Sunsmart Policy

RATIONALE

- Clyde Primary School's Sun smart policy has been developed to ensure that all students and staff attending this school are protected from the harmful effects of exposure to the sun (such as skin damage, dehydration, heatstroke, sunstroke etc.). It is to be implemented throughout the school year whenever UV levels reach three and above – from September to the end of April.

AIMS

- To educate students as to suitable Sun smart protection strategies.
- To encourage students and teachers to protect themselves from the harmful effects of the sun.

IMPLEMENTATION

This policy is to be read as part of the **STUDENT DRESS CODE POLICY**.
As part of general Sun smart strategies our school will:

Behaviour:

- Require students to wear hats from September to the end of April whenever they are outside (e.g. recess, lunch, sport, excursions).
- Require students to wear a school broad-brimmed hat or school bucket hat, which protects the face, neck and ears.
- Require students to wear appropriate clothing, which will cover shoulders and backs, top of arms, chest and back.
- Work with the parent community to encourage the provision of SPF 30+ broad spectrum, water resistant sunscreen for student and staff use and encourage the daily application of sunscreen before school and prior to the lunch break. Strategies are in place to remind students to apply sunscreen before going outdoors (e.g. reminder notices, sunscreen monitors, sunscreen buddies).
- Encourage students to use available areas of shade for outdoor activities.
- Encourage staff and parents to act as role models by practising Sun smart behaviours, particularly when in the school grounds or on school excursions.
- Encourage students to drink water throughout the day – by allowing them to have access to their water bottles at all times.
- During periods of extreme weather conditions (such as heat and wind) it may be decided, at the Principal's discretion, for children to remain inside or for outside activities to be shortened or modified.

Curriculum:

- Incorporate programs on Sun smart practices into the curriculum at all grade levels.
- Regularly reinforce Sun smart behaviour in a positive way through newsletters, parent meetings, assemblies, student and teacher activities.
- Ensure the Sun smart policy is reflected in the planning of all outdoor events (such as excursions, camps, sporting events).



- Students who do not have the appropriate sun protection must spend out side school times under the shade behind the staff room back entry.

Environment:

- Organise outdoor activities to be held in areas with plenty of shade wherever possible.
- Work towards increasing the number of shelters and trees so as to provide adequate shade in the school grounds.

EVALUATION

The Welfare Committee to review the effectiveness of this policy each year.

They will:

- Review the Sun smart behaviour of students, staff, parents, and visitors and make recommendations for improvement.
- Assess shade provision and usage and make recommendations for increases in shade provision.
- Update and promote curriculum material relevant to Sun smart activities.

This policy will be reviewed as part of the school's three-year review cycle.

This policy was last ratified by school council on the 18/7/2013

This policy is due for review in 2016