



OPEN TUESDAY AND THURSDAY

OUR PREFERRED METHOD OF PAYMENT AND ORDERING IS ON THE QKR APP

HEARTY HOT FOOD

Lasagne 97% fat free	\$5.80	☺☺☺
Macaroni Cheese 97% fat free	\$5.80	☺☺☺
Dim Sims Steamed	\$1.50	☺☺☺
Hot Noodles Chicken or Beef	\$3.50	☺☺
Chicken crumbed tender	\$2.50	☺☺GF
Hot Dog	\$4.20	☺☺
Beef Cheese Burger, Lettuce and Sauce	\$6.00	☺☺☺
Chicken and Cheese Burger, Lettuce and M	\$6.00	☺☺☺
Gluten Free Hot Dog (no roll)	\$3.50	☺☺GF
Chicken Breast Nugget - Bag of 3	\$4.00	☺☺
Chicken Breast Nugget - Bag of 6	\$7.00	☺☺
Corn Cobbette	\$1.50	☺☺☺
100% Vegetable Pastie	\$5.80	☺☺ V
Lite N Up Beef Pie	\$5.80	☺☺
Lite N Up Sausage Roll	\$5.20	☺☺
Lite N Up Snack Party Pie	\$1.40	☺☺

All pies heart foundation approved, low GI, reduced fat

TASTY JAFFLES

Baked Bean and Cheese	\$4.50	☺☺☺ V
Spaghetti	\$4.00	☺☺☺ V
Cheese	\$4.00	☺☺☺ V
Ham and Cheese	\$5.00	☺☺☺

You can now order lunch on-line through QKR
Download the App at the App Store or Google Play

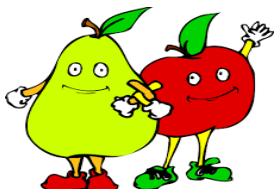
Preferred Payment Method



SPECIAL SNACKS

Popcorn, Butter, Cheese or Slightly Sweet	\$1.80	☺☺GF
Red Rock Chips Honey/Soy	\$1.80	☺☺
Choc Chip Cookies	\$2.80	☺☺
Gingerbread	\$2.00	☺☺
Ovalteenies	\$1.30	☺☺
Yoghurt Frogs (5 per bag)	\$1.00	☺☺
Red Licorice (3 per bag)	\$1.00	☺☺
Homemade Mini Muffin	\$1.20	☺☺
Veggie Cup with Dip	\$2.20	☺☺☺GF

☺☺☺ Every Day Foods
☺☺ Select Carefully foods
V Denotes Vegetarian
GF Denotes Gluten Free.



PLEASE NOTE: SOME PRODUCTS MAY CONTAIN EGG

EFFECTIVE JANUARY 2023

SUPER SANDWICHES AND SALADS

		Sandwich	
Vegemite	\$2.40	☺☺☺ V	
Cheese	\$2.60	☺☺☺ V	
Ham (97% fat free)	\$3.50	☺☺	
Ham (97% fat free) and Salad	\$5.00	☺☺	
Ham & Cheese	\$4.40	☺☺	
Roast Chicken	\$4.40	☺☺☺	
Roast Chicken & Salad	\$5.20	☺☺☺	
Fresh Salad (lettuce,cucumber,tomato,carrot)	\$4.40	☺☺☺ V	
Egg & Lettuce	\$3.50	☺☺☺ V	
Rolls or Wraps extra	\$0.80		
All sandwiches on wholemeal bread White bread available on request			
FRESH MADE SALAD BOXES			
Mixed Salad (lettuce,cucumber,tomato,cheese,carrot)	\$5.00	Regular ☺☺☺GF	
Add beetroot	\$0.50		
Add egg	\$1.00		
Add Chicken or Ham	\$1.20		

EXTRAS

Salad Dressing Tub	\$0.50	☺☺
Tomato Sauce	\$0.40	☺☺
LUNCH BAGS	\$0.30	

This menu has been categorised by Nutrition Australia as a guide to encourage healthy choices

DRINKS

250ml Water	\$1.60	☺☺☺GF
600ml Water	\$3.00	
250ml Milk (Reduced Fat) Chocolate, Strawberry	\$3.00	☺☺☺GF
100% Fruit Juice 250ml	\$3.00	☺☺☺GF
Apple or Tropical		
Chill J Sparkling 100% Fruit Drink	\$3.00	☺☺GF
Grape, Watermelon, Raspberry, Lemonade		

FROZEN TREATS

Frozen 100% Juice Tubes	\$1.20	☺☺☺GF
Icy Pole	\$1.50	☺☺GF
Frozen Skim Milk Tubes (Choc and Blue)	\$2.50	☺☺☺GF
Frozen Pineapple and Watermelon	\$0.60	☺☺☺GF
Twisted Frozen Yoghurt Choc/Van or		
Mango/W'Melon/Strawberry	\$3.00	☺☺☺GF
Streets Paddle Pop Rainbow	\$2.60	☺☺

Bring your lunch bag back to the canteen to collect your frozen treat

PRICES SUBJECT TO CHANGE

IF YOUR CHILD HAS ANY FOOD ALLERGIES PLEASE MARK BAG CLEARLY